

NATURAL START

Acai bowl seasonal berries, banana, muesli & natural yoghurt 15.5

Market fresh fruit plate kiwi fruit, strawberries, orange, grapefruit, banana, apple, natural yoghurt & toasted muesli 16.5

Bircher muesli dried fruits & nuts, honey, seasonal berries & yoghurt 16.5

Granola oat clusters, dried fruits, mixed berries, toasted nuts, natural yoghurt & skim milk 16.5

BAKERY

Ciabatta traditional Italian, toasted (4slices) 6.5

Thick-cut toast white or multigrain, toasted (1 slice) 2.0

Fruit loaf w/ jam & whipped butter (2 slices) 7.5

Banana bread made in house w/ whipped butter 8.5

Gluten free mega grain, white (3 slices) 8.5

HEALTHIER BITES

Roasted field mushrooms dressed rocket, grilled tomato, evoo, crumbled fetta on toasted ciabatta 18.5

Farm fresh gluten free mega grain, hummus, basil pesto, rocket, smashed avocado, asparagus & evoo 19.5

The halloumi toasted ciabatta, smashed avocado, grilled halloumi, poached eggs & herb oil 20.5

SPECIALITIES

B burger fried egg, bacon, Swiss cheese, tomato & onion relish on soft damper 14.5

Classic 2 eggs (any style) bacon, roast tomato & hash potatoes w/ ciabatta 17.5

Chipotle spiced baked beans potato hash, roasted tomato, toasted ciabatta topped w/ poached egg 17.5

French toast w/ smoked bacon, nutmeg, cinnamon & maple syrup 18.0

Morning mince savoury mince, grilled tomato & fried egg w/ ciabatta 18.5

Benedict poached ciabatta, homemade hollandaise, roast tomato w/ (choice of) ham, bacon, salmon, spinach or mushrooms 19.5

Your choice omelette w/ ciabatta (choose 3 items) 19.5
Onion | Mushroom | Spinach | Cheddar cheese | Fetta | Bacon | Ham | Tomato | Chorizo
Additional choice 2.0ea
Egg white omelette add 3.0

English black pudding, bacon, baked beans, herb potatoes & fried eggs w/ ciabatta 21.5

Oh boy 3 eggs (any style), bacon, chorizo, hash potatoes, tomato, baked beans, mince & grilled mushrooms w/ ciabatta 25.5

Chef's Daily Special please ask your wait-person T.B.A

SIDES

Egg 2.0 | Avocado 5.0 | Hash potatoes 5.0 | Smoked bacon 5.0
Chorizo 5.0 | Field mushrooms 5.0 | Mince 6.0 | Black pudding 6.0
Baked beans 6.0 | Smoked leg ham 6.0 | Smoked salmon 8.0
Spinach 4.5 | Tomato 4.5

Gluten free bread option to any meal add 3.0

All of our eggs are jumbo free range.

Gluten free is available on most items. Please ask your server.

Changes to menu items may incur additional charges.

“open for lunch and dinner from **11:30 daily**”

SERENI TEA 5.5 (2 CUPS)

Positive tea culture

English breakfast robust & full bodied blend w/ a smooth finish

Earl grey muscatel tea w/ citrus & floral overtones

Spice chai rich & warm blend w/ a fusion of bright spices

Darjeeling green stimulating & full flavoured w/ a sweet finish

Chamomile herbal golden cup w/ sweet tones & a light finish

Peppermint herbal uplifting & bright flavoured infusion

Lemon grass & ginger fresh & warm blend that cleanses & stimulates

DIMATTINA COFFEE

The Dimattina family has been roasting coffee in Melbourne since 1958 & they were one of the pioneers in bringing the concept of fresh bean & the espresso machine to Australia.

Short black 3.0

Short macchiato 3.0

Long black | Long macchiato 3.5

Cafe latte | Flat white | Cappuccino 4.8

Vienna | Hot mocha | Hot chocolate | Chai latte 5.5

Selection of chai, vanilla, caramel or hazelnut syrup add 0.5

Decaf add 0.5 | Extra shot add 0.5 | Mug add 0.5 |

Soy milk or Zymil add 0.5

HAND CRAFTED JUICES 9.0

Red passion carrot, beetroot, orange & passion fruit

Frangipani orange, lemon grass & ginger

Summer breeze orange, watermelon, coconut water & lemon grass

Waterlily watermelon, lime & rosemary

Fresh virgin pineapple, coconut water & mint

In the pink grapefruit, apple & blueberries

Skin tan apple, carrot & ginger

Health slap apple, carrot, celery, beetroot & ginger

Neighbours grass cucumber, celery, spinach & apple

SMOOTHIES 8.5

Bananas plus banana, low fat milk, honey & cinnamon

Coffee compulsion espresso, vanilla ice cream, low fat milk & caramel syrup

Coconut conspiracy coconut water, coconut cream, banana & chocolate syrup

H. berry mixed berries, cranberry juice & fresh lime

Tropical beach banana, mango, watermelon & lime

State of mind apple juice, mixed berries & mango puree

Acai super food at its best 9.5

MILKSHAKES 8.5

Chocolate, coffee, caramel, vanilla, strawberry
soy or zymil add 1.0 | Thickshake add 1.0

CHILLED DRINKS

Iced coffee | Iced chocolate | Iced mocha 8.0

Juice - Orange | Apple | Tomato | Cranberry 6.5

Soft drinks - Coke | Diet coke | Lemonade | Fanta 5.5

Ginger beer | Natural iced tea | Coconut water 6.5

Virgin Mary - tomato, horseradish, tabasco, lemon & other bits 12.5

Water (Purezza 750ml) still or sparkling 6.0

Water (Antipodes 1L) still or sparkling 11.0